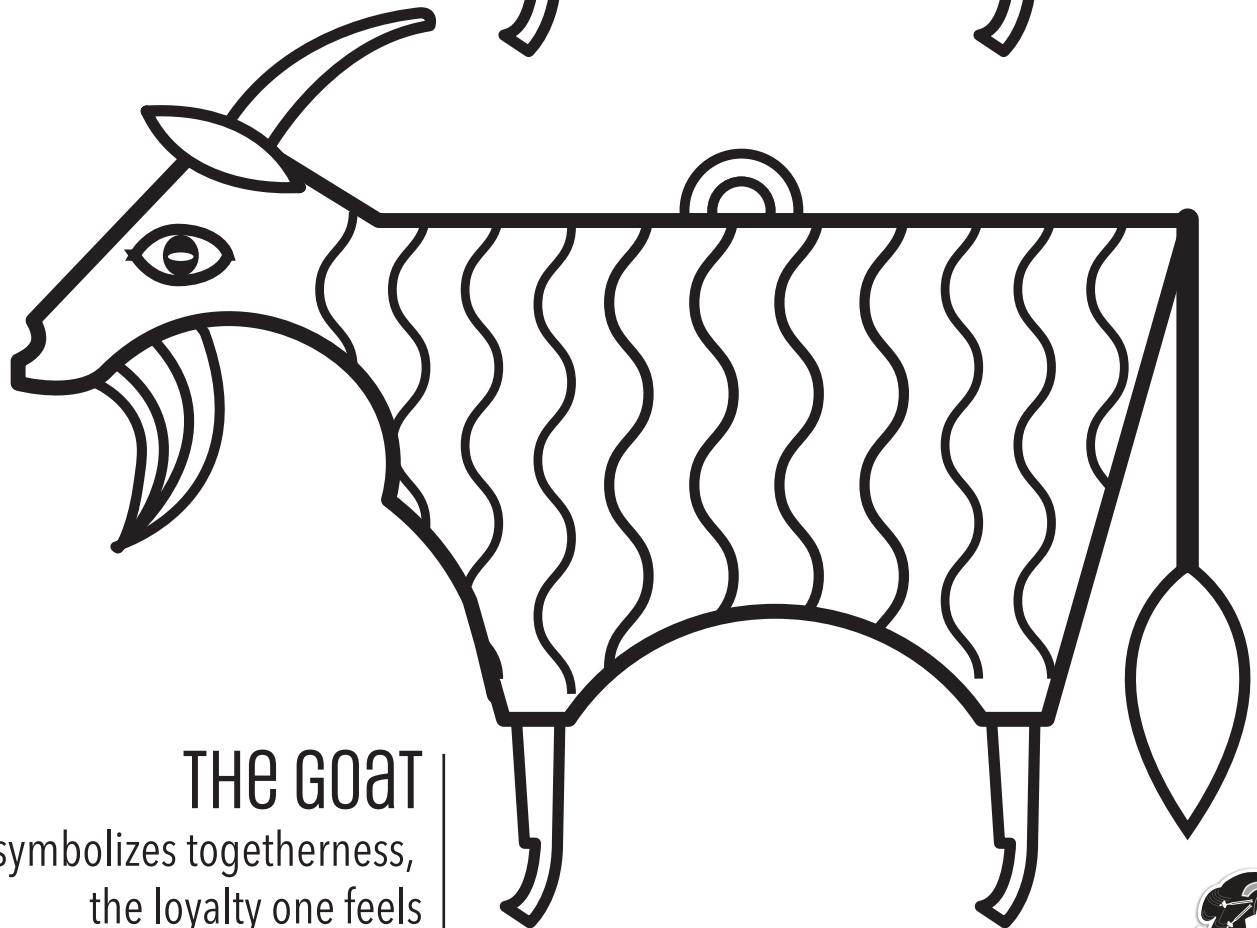
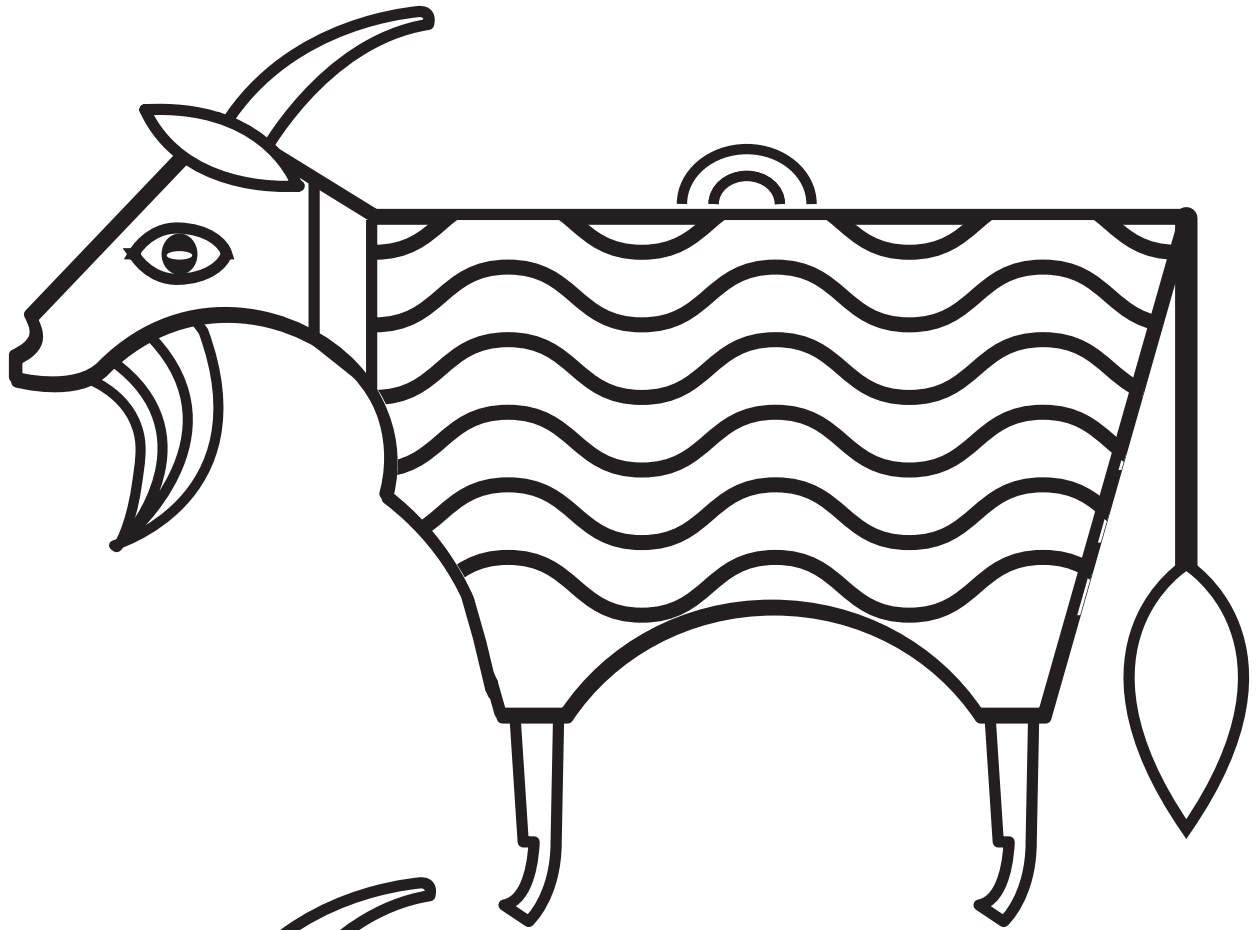


THE HEART

symbolizes medical heart conditions,
love that one person feels for another,
or the charm can be used to
heal a broken heart.



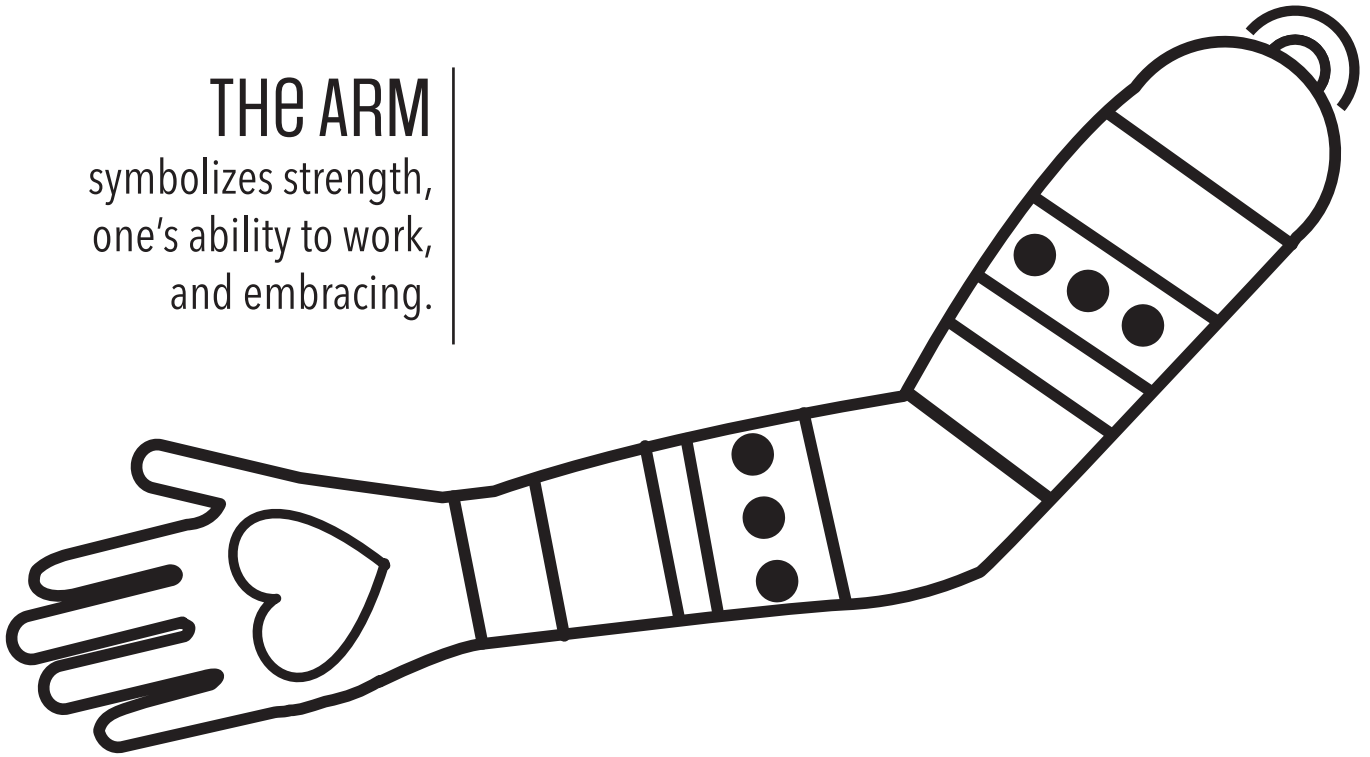


THE GOAT
symbolizes togetherness,
the loyalty one feels
for one's groups, or family.



THE ARM

symbolizes strength,
one's ability to work,
and embracing.



THE HEN

symbolizes motherhood
and is a charm for those
seeking to "lay good eggs."

WHAT ARE MILAGROS?

"Milagros, meaning "miracle" in Spanish, are religious folk charms found in many areas of Latin America and Southern United States. They are used by people to petition for help or protection. These small metal charms are attached to altars, shrines or sacred objects. Milagro Charms can also be carried for protection and good luck. They are made in a variety of shapes, representing body parts, animals and many other objects. They are used to assist in focusing attention towards a specific ailment or need, based on the type of charm used. A milagro's symbolism is not uniform and can take on individual meanings." **ALISA WOOFER FOR LADESIGNS.**

SUPPLIES

Milagro Templates

Glue Stick

Tag Board or Cardboard (tag board is used to package cereal, crackers, frozen pizza etc..)

School Glue, Hot Glue, or 3D Fabric Paint

Aluminum Foil

Sharpies in a Variety of Colors

1/8-inch wide (or close) Ribbon, cut into 6-inch segments for each Milagro

1/2-inch wide (or close) Ribbon, cut into 20-inch length for necklace

Hole Punch

Scissors

Scotch Tape

DIRECTIONS

1. Print Milagro templates.
2. Cut out each Milagro 1/2-inch away from outer edges. Put written descriptions aside to put on the back of milagros later.
3. Coat the back of each Milagro template with glue stick.
4. Adhere Milagro templates to cardboard/tag board and smooth out with your hand.
5. Using school glue, hot glue or 3D fabric paint, draw over all the lines to create a raised areas. Allow plenty of time to dry and harden.
6. Cut out cardboard/tag board shapes close to the edges.
7. Lay Milagro shapes face down on foil. *Note: if you want the shiny side of the foil to show, put the shape face down on the dull side.
8. Cut the foil 1/4-inch away from the edge of the shape.
9. Wrap the foil around the edges of the shape and press onto the back. Clip into corners or along curves as needed to make the foil follow the edges.
10. Tape edges on the back side
11. Rub the foil side with your finger to make the raised areas stand out.
12. Color with Sharpies and allow to dry.
13. Adhere the written description of the Milagro to the non-foil side.
14. Punch a hole inside each semi-circle "loop" with a hole punch.
15. Thread the thinner ribbon through this "loop" and tie a knot on the end. Repeat for each Milagro.
16. String the Milagros onto the longer length of ribbon for a colorful, blingy, charm necklace.